

Bubbly Bath Truffles

My method for making royal icing is I place the egg white in the bowl and beat till it's white and foamy. I then begin to add the pure icing sugar a couple of spoonfuls at a time then beat in between additions.

Keep adding and beating till you achieve the stiff peaks stage. After sitting for a while, the mix will soften slightly after the SLSa is added.

Royal Icing

2 egg whites

Enough royal icing to obtain stiff peaks. I used approximately 400g

1 cup of SLSa added last.

Adding EO's or FO's will have an effect on the mix. It softens it even more so I didn't use any. I relied on the fragrance I added to the bath bomb base. It was plenty enough.

I used mica to colour, as it is dry I was not adding any further moisture to the mixture to worry about.

Add SLSa carefully by hand and do the initial mixing in by hand because this stuff is so light and powdery it irritates when you get it up your nose and into your throat. I used a mask because it really irritated my sinus's, mine are super sensitive to stuff like this and I was sneezing for an hour afterwards. So mix it in nice and slow, next time I'll use a mask. The stuff really is light and floats up in the air.

The mixture will start to soften a little and the 'stiff peaks' formed when the royal icing is first made begins to collapse a little but not enough to soften the edges of the rosettes piped out. It just doesn't hold a lot of weight and that means you can't make nice tall rosettes with the piping bag.

For colouring I used mica's. These are in powder form so there was no risk of collapsing the mix by adding even more liquid from pre-mixed colourants. You can also use any powdered colourants including cocoa powder, that's how I achieved the chocolate icing on the Petit Fours. That is another method which I will explain later.

You can then pipe directly onto your bath bombs which should be totally dry.

If you have previously made up some flowers using this mix and let them dry for a couple of days. You can use this same mix to act like a glue and stick them onto your bath bombs.



The pure icing sugar is powdered. Not granules.



I mixed the egg whites to about half volume first. Then I added the pure icing sugar till it was at stiff peaks.



After adding the SLSa you can feel the mix bind up and thicken. At this stage its holding the peaks well enough but the longer you leave it stand the more it collapses. Be ready to do the piping immediately after making the royal icing mix.



Here they are finished.



Same again ...



These I piped out with the leftover royal icing/SLSa mixture and added some previously piped flowers. They are flat like a biscuit. I fragranced these with Lavender Essential Oil.