

# Foaming Petit Fours



These 'Foaming Petit Fours' consist of a 'Bath Bomb' and 'Bubble Bath' combined in one product.

To use them you simply run your bath water and crumble them under the running water. You will see the foamy bubbles form instantly on the surface of the bath water along with same characteristics as a normal bath bomb, along with the release of the fragrance. The more vigorous you run the water, the more bubbles you will achieve.

I renamed mine to Foaming Petit Fours so there is no confusion, this is the recipe I used. Foaming Bath Truffles recipe can be found on Jude & Dave's Aussie Soap Supplies website. <http://www.aussiesoapsupplies.com.au/Bubble-Bars-p-57.html>

I followed this recipe to the 'T' checked and double checked measurements, then proceeded to make it up. I left nothing out nor did I replace any of the ingredients with any generic alternatives.

I'm not sure whether the mix was supposed to end up looking like a standard bath bomb mix or a mouldable dough consistency. I ended up with the former; it was a dry mix which I was able to press into my square plastic moulds. I'll check with Jude to see if I achieved the correct results. I somehow had it in my mind the recipe should have been more moist? I guess it's that age old outcome, if you give 20 soapers the same recipe you will end up with 20 different soaps LOL.

After carefully removing from the moulds I found this mix was slightly crumbly, so during the decorating I took extra precautions to make sure I handled them with care. They have been made for 2 weeks now and are hardening up better now. I must admit we had a few days of rain and that's not always good for bath bombs etc.

I purchased the ingredients for the sole purpose of creating this tutorial. I don't sell these items, my only interest is:

1. To see how they work.
2. See how creative I can get with the product.
3. Write up a tutorial to share with others on my website.

So, if you decide to proceed and follow the same recipe I used, remember maybe yours will turn out different to mine I'm not an expert with these things and I doubt I want to play with them again. Even though I like the colours and I think the photos turned out well enough. LOL

I used 'Energy' which is a Brambleberry's fragrant oil. Sure smells great and fresh.

### **Making a More Fluid Royal Icing**

To make the swirly or zigzag designs I used a more liquid Royal Icing. This is made the same way as the previous method except you don't bring it to stiff peaks. You want the mix more liquid so it runs out of the piping nozzle and self levels on the surface. Not too thin though.

Should you make it too stiff then you can add a half a teaspoon of water and give it a good beating after each addition. Be careful doing this because too much water will spoil the whole batch. Your aiming at making it self levelling but not watery.



For the zig zag decoration on top I made another smaller batch of royal icing but kept it thinner, more runny so it self levels and dries smoother. You still need to add the SLSa otherwise if you just pipe with royal icing it will just slide off the surface when dry.



These are the plastic containers I used as moulds. They originally contained small screws.  
Other people go through supermarkets and see products, I see potential moulds ☺



This is the same fluid royal icing but I added cocoa powder to get a chocolate colour.



Some of the finished petit fours.



The petit fours just piped and drying out.

I should mention I didn't fragrance the Royal Icing. I tried to keep it as simple as I could so less could go wrong with the mix. Royal Icing does not like oils when mixing so I wasn't taking any chances. Besides the fragrance used in the petit fours was plenty enough.